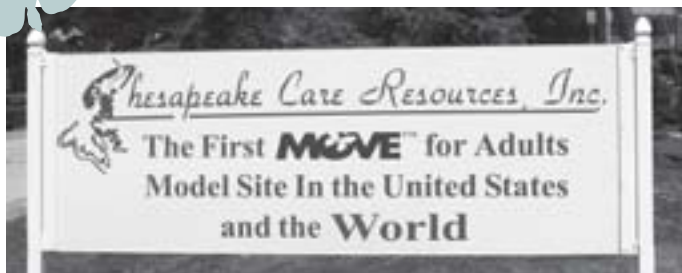


I felt very confident that, given the opportunity and reason to do things and a few pieces of equipment, that our adult population could do as well as the children did

...and by Glory they have!

— Linda Bidabe quote
May 24, 2007
The News Journal
Wilmington, Delaware



MOVE for Adults Model Site Dedication in North East, Maryland, May 25, 2007

INSIDE THIS ISSUE . . .

- **MOVE for Adults — is on its way!**
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- June 2008 MOVE Trainings Registration Materials
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"More & More" MOVE

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Larry E. Reider

W hew! What a year!
Your MOVE International Board of Directors and staff are pleased to report another very productive year. And we expect to improve the quality of life of even more children and adults with severe disabilities in the coming year.

For four years Drs. Stacie and Keith Whinnery, associate professors at the University of West Florida, conducted a MOVE for Adults research study at Chesapeake Care Resources (CCR) in North East, Maryland. CCR staff recorded significant and measurable success in teaching mobility skills to adults in their care. The dramatic findings from this study will be published in professional journals. In addition, so successful were their efforts that Chesapeake Care Resources recently was named the first-ever MOVE Model Site for adults.

Besides the research study at CCR, there is a MOVE for Adults pilot study on the West Coast – at the Bakersfield Association for Retarded Citizens (BARC) in Bakersfield, California. BARC has served adults with disabilities for more than 55 years. Like Chesapeake Care Resources, BARC has a dedicated and committed staff who want their clients with severe disabilities to increase their mobility skills.

From these studies, a MOVE for Adults training manual/curriculum and MOVE for Adults assessment profile were completed in August 2007. These will be published and available for purchase in 2008. And in this coming year, we will again utilize the services of Stacie Whinnery to develop additional training resources for the MOVE for Adults program.

Two other significant developments took place in 2006-07. Linda Bidabe, founder and author of the MOVE Program and Curriculum, completed work on a toileting module. And Brittany McClary, occupational therapist, conducted a pilot study for a self-feeding module at the Tri County Education Center in Indianapolis, Indiana. Both modules will be published and available for purchase in 2008.

Finally, in January 2007 we released the *Freedom to MOVE* dvd which describes the MOVE Program and our success working with both children and adults. This dvd is available from the MOVE International office for a nominal fee.

Having had the opportunity to see MOVE grow from a concept to reality during the past two decades, I never cease to be amazed. I am deeply humbled by the effort, patience and commitment all of you make on behalf of our children and adults. Thanks to you it's been a good year for MOVE and those we serve – more and more MOVE, one move at a time.

Larry E. Reider, Chairman
MOVE International Board of Directors

The Very First . . . MOVE for Adults Model Site!

Chesapeake Care Resources, Inc., North East, Maryland



Excitement and high energy flowed on May 25, 2007 in North East, Maryland. To the music of “When the Saints Come Marchin’ In” and “You are My Sunshine,” the “MOVE Adult Learners” at Chesapeake Care Resources (CCR) proudly processed into the assembly room for the dedication ceremony for CCR’s becoming the first-ever MOVE for Adults Model Site. As CCR employee, Sharon Molitor, said:

We reached for our Kleenex to wipe away our happy tears. I have been with CCR for 16 ½ years and thought these clients would never stand, let alone walk. . . . to now see the joy on their faces.

Following the dedication, Eileen Leaman, physical therapist, sent CCR this note:

Thank you for inviting me to the MOVE ceremony . . . This heartfelt thanks is because in 1973, I was the physical therapist for several of the people now participating in MOVE. I had so many dreams and hopes [back then]. . . many, of which, I never saw to fruition. Who would have thought that over 30 years later I would now see these man and women again and witness the miracles you have wrought!

HOW DID MOVE BEGIN AT CCR? . . .

A RESEARCH STUDY

CCR employees, Cindi Spink and Ann Kelly, attended a MOVE inservice in Fall 2003 at the John Leach School, a MOVE Model Site, in New Castle, Delaware. They met

David Schreuder and Linda Bidabe. Then, just a few months later, Cindi Spink jumped at the chance for the day program at CCR to be the site of a MOVE for Adults research study with Dr. Stacie Whinnery serving as project director.

Seven CCR participants were chosen for the study. Cindi Spink noted:

Most had never had their feet on the floor. Some had lived for years in institutions.

The research study, which began in February 2004 concluded in the Spring of 2007. It was a lot of hard work. The study required loads of CCR staff commitment, dedication and extra work which they gave willingly. In the end, not only did the quality of the lives of the adult learners improve — far exceeding expectations, but CCR staff became reinvigorated when they saw such remarkable progress occurring.

ASTONISHING CHANGES

Beth Miller, reporter for *The News Journal* in Wilmington, Delaware came to CCR the day before the model site dedication . . . Excerpts from her, May 24, 2007 article, “Program Gets Disabled on the MOVE” follow:

“They [CCR] were starting from ground zero with their clients,” said Leach School Principal, John Jadach Jr. “They had to get the philosophy within their staff, had to learn the curriculum and . . . they really rallied . . .”

Some of the changes MOVE brought to Chesapeake Care were hard, and some staff left. But those who stuck out the difficult transition period — including assistant director Melissa Marcus and supervisors Connie Alley and Katie Donovan — say now they would never go back to the old way of caring for adults with severe disabilities. . . .

Donovan worked hard to help Judy Wheeler sit upright. But day after day, Wheeler continued to slump to one side.

“I thought, ‘She’s not going to get it.’” Donovan said. “She’s never going to get it.’ Then one day — after 18 months — she just got it. One day she just did it.”

Everybody else stopped what they were doing, watched Wheeler sitting upright, and cried.

The same thing happened when Sandy took her first steps in the Pacer. She had been on the sidelines in a wheelchair. She was fed and changed and pretty much left alone until the MOVE Program started. Alley had worked with her for about 18 months, sometimes seeing very little response.

"I had my doubts at first," Alley said. "All we knew to do was to have her in a wheelchair or in a doughnut [protective device]. And then the first time it was, 'Oh my God, Sandy's taking steps.'"

Dustin Hamil had spent his time in a wheelchair with his head down. With the support of the Pacer, he started holding his head up.

"He just came alive and took off," Spink said. . . .

"It is more work, but the days are not boring," Spink said. "They're meaningful and exciting. You get the benefits of seeing people do things. . . . Some go bowling or to the store. They go out to eat. They sit in regular seats . . ."

For the Allens, Michael's progress means he is able to participate in family events instead of sitting apart in a wheelchair.

"The chair is a barrier," Rosemary Allen said. "The Pacer gets him in the middle of things. We had the Pacer at home for Christmas and he actually was right in the room with everybody instead of in the chair somewhere. My grandsons were amazed that he was as tall as he was. 'Wow, Uncle Michael! . . . They had never seen him upright.'"

At the dedication, Cindi Spink said:

MOVE has counteracted medical problems such as weight gain, contracted muscles, chronic constipation and skin breakdown that often plague people with limited mobility. . . . As a result, less constipation medication is used and there is healthier skin with less pressure sores. Even less adult diapers are now used at CCR.

SPECIAL RECOGNITION TO STACIE WHINNERY AND CINDI SPINK

Of course, this dedication ceremony was the culmination and recognition of a tremendous team effort of CCR staff and administration working with the MOVE International team of Linda Bidabe, Stacie Whinnery and Keith Whinnery.

Yet, Stacie Whinnery and Cindi Spink must be especially recognized for their exceptional leadership, hard, hard work and strenuous efforts that resulted in the huge success of the research study and implementation of the MOVE Program at CCR. Thank you Stacie and Cindi!



Stacie Whinnery and Cindi Spink

I COULDN'T MOVE — TILL MOVE

Sharon Molitor wrote a poem for this special occasion and her reading was memorable and inspiring.

I COULDN'T MOVE— TILL MOVE

I sat in my wheelchair day in and day out,
YOU had to guess what MY life was about.
There were days when I wanted to get up and run,
Go sit by my friends to have some fun.

BUT I COULDN'T MOVE

Many neat things on a nearby table,
Could I check them out? No, I wasn't able.

BUT I COULDN'T MOVE

Seasons would come and seasons would go,

I liked watching the clouds, the rain and the snow.
If I could have gotten to that picture window,
Maybe I could have seen those pretty rainbows.

BUT I COULDN'T MOVE

Presents under the Christmas tree,
Please tell me if there's one for me.
The boxes, if I could just touch and feel,
But I couldn't get there — it never seemed real.

BUT I COULDN'T MOVE

Birthdays came — on the table a cake,
With lots of candles and wishes to make.
Couldn't get close to blow them out,
One wish would have been to move about.

BUT I COULDN'T MOVE

So many days passed me by —
Sometimes all I wanted — was to go & cry.
I'd find other ways to get attention —
'Behaviors' — they'd say, but did I mention?

BUT I COULDN'T MOVE

In my own world I would sit, trying to make a day of it,
I was watching everything from a distance.

TAKE ME WITH YOU

I'd think there'll be no resistance.

BUT I COULDN'T MOVE

Then one day I heard people talking,
That there'd come a day I COULD be walking.
Yeah right!!!! I though I can't move myself,
Can't even get to books on the shelf.
So they put me in this contraption thing,
Under my butt there was a sling.
'Come on,' they said, 'You can do it, stretch your legs,
feel your feet, move 1,2,3, then you can sit.'

Never thought this day would come,
California and Florida's where they're from.

I STARTED MOVING

So I worked real hard — even brought out a sweat,
Accomplished some goals, I liked what they meant.
I'm learning new things to give you less strife,
Finding some freedom for the first time in life.
Getting here, getting there — cool things to explore,
Even picked out some sneakers as I WALKED thru a store.
I was bent and twisted — couldn't take pace,
Now there are chances I might win a race.
I once felt so timid, unhappy and small,
Now as I'm MOVEing — I feel 10 feet tall.

SO I SMILE

These days I can do so many things,
It's like God gave me a set of wings. . . .
I'm moving like He knew I would.

So come on guys, better watch your stuff,
Though it's still a little tough,
Getting to that cake and tree,
Was one gift given to me.
Thru your love, your patience and the 1,2,3's,
And two special women — Linda and Stacie and the MOVE team

I WAS FOUND!!!!!!!!!!!!!!!!!!!!!!

I AM MOVING WITH MOVE.



Sharon Molitor

CCR OVERVIEW

CCR is a not-for-profit 501(c)3 human service agency providing residential, vocational, day habilitation, respite, health, transportation, and social/recreational programs for adults with disabilities. CCR also provides respite care for children and a summer camp for children receiving special education services.

The research study and the MOVE Program were conducted in the Day Habilitation Program which serves approximately 70 adults with multiple disabilities.

Cindi Spink, Andrea Sarmousakis and Melissa Marcus are the MOVE Site Trainers at CCR. Cindi Spink and Andrea Sarmousakis are also certified as MOVE for Adults Trainers. 🇺🇸

(Editor's note: Drs. Stacie and Keith Whinnery will write articles for publication in professional journals about the findings from the MOVE for Adults Research Study. In addition, a MOVE for Adults training manual/curriculum and a MOVE for Adults assessment profile were completed in August 2007 and will be published in 2008.)

David's MOVE for Adults Story



David Ostrom pulls himself up from his wheelchair to the Pacer while OT Steve Schwabauer assists.

Besides Chesapeake Care Resources and Bakersfield Adult Retarded Citizens (BARC), other adult facilities, from San Diego, California, to Sandusky, Michigan, are now starting to implement the MOVE for Adults program.

Beverly Young, special education teacher and MOVE Site Trainer/MOVE for Adults trainer from Marysville, Michigan, introduced the MOVE Program to The Arc of St. Clair County (Michigan) Community Mental Health Authority (SCCCMH). In its 2005-06 Annual Report, David Ostrom's MOVE story was told.

David, age 62, did not always use a wheelchair. A typical childhood was interrupted in high school when he experienced a severe seizure that permanently damaged the area of his brain called the cerebellum. The damage affected his motor function, but not his desire for independence.

'David has talked about wanting to walk ever since I first met him,' said Steve Schwabauer, SCCCMHA occupational therapist who works with Ostrom at The Arc. 'I've worked with Dave for years, and this was always his goal. It is great to see him regain a sense of independence.'

Ostrom's seizures led to a condition known as ataxia, which makes it hard to control his muscle movement. Participating in the MOVE Program has helped strengthen . . . his muscles. Previously, it took three people to help him stand. Now, one person can assist David into a gait trainer [Pacer], which then allows him to move about independently. . .

For David Ostrom, and many others at The Arc, MOVE has given them a new vitality. 'Since he's been involved with MOVE, I see a difference in him,' said David's sister, Sue Ann Ostrom. 'He beams from ear to ear.' 🇺🇸



David Ostrom enjoys a conversation while standing with Steve Schwabauer.

MOVE FOR ADULTS TRAINERS & MOVE for Adults Provider Trainings



Standing (left to right): Terri Goebel, Beverly Young, Patti LaBouff, Cindi Spink. Seated (left to right): David Schreuder, Stacie Whinnery, Keith Whinnery, Andre Sarmousakis

Certified MOVE for Adults Trainers

Terri Goebel
Physical Therapist
Santa Rosa School District
Santa Rosa, Florida

Stacie Whinnery
Associate Professor
University of West Florida
Pensacola, Florida

Patricia LaBouff
Supervisor of Therapy Services
San Diego Unified School Dist.
San Diego, California

Keith Whinnery
Associate Professor
University of West Florida
Pensacola, Florida

Andre Sarmousakis
Physical Therapist
Chesapeake Care Resources, Inc.
North East, Maryland

Beverly Young
Special Education Teacher
Woodland Dev. Center
Marysville, Michigan

Cindi Spink
Director of MOVE Programming
Chesapeake Care Resources, Inc.
North East, Maryland

On December 6-8, 2006, the first MOVE for Adults Trainer training was conducted by Dr. Stacie Whinnery at the Chesapeake Care Resources in North East, Maryland. A number of resources to assist in conducting MOVE for Adults Provider trainings were provided.

In Spring 2008, the MOVE for Adults trainers will meet to evaluate the effectiveness of their initial resources used in 2007-08 for conducting MOVE for Adults Provider trainings.

mobility opportunities via experience



MOVE FOR ADULTS PROVIDER TRAININGS NOW AVAILABLE!

For more information —
and to arrange a

MOVE for Adults Provider Training,
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MODEL SITE DEDICATION

Blomfield Special School and Resource Centre, Whangarei, New Zealand



Alexander Dickson accepts the MOVE Model Site dedication plaque from David Schreuder, Executive Director, MOVE International. (Following the dedication, there was a slight "misunderstanding." Alexander thought this was his own personal plaque. The school quickly provided a similar plaque for Alexander to bring home!)

On a cool early Spring day in October (yes, October is springtime in New Zealand!), the Blomfield Special School & Resource Centre in Whangarei, New Zealand became only the second school in New Zealand to gain MOVE Model Site status. (The other MOVE model site in New Zealand is the Sir Keith Park School in Auckland.)

October 11, 2006 was a big day and memorable. On behalf of MOVE International, Dr. Stacie Whinnery extended congratulations and described the impact of the MOVE Program on the lives of students. MOVE Site Trainers Nicola Osbaldiston, physiotherapist, and Sally Wilkinson, administrator, in a joint presentation asked:

WHAT DOES MOVE LOOK LIKE AT BLOMFIELD SCHOOL?

- Sitting at a table to eat.
- Walking to a chosen friend at lunchtime for a chat.
- Pushing the trolley while buying groceries.
- Wandering away from mum and dad at the warehouse.
- Being upright and breathing so well that one of our students didn't have to go to the hospital this year [as in past years].
- The orthotic footwear budget being blown because our students walk too much.
- Full participation in our dance and concert events by every student in our school.

They concluded:

These magical moments were the culmination of the dedicated efforts of the MOVE team: families, whanau, teachers, special education assistants, teacher aides, therapists, carers, and most importantly the young persons themselves.

We are proud of these efforts within our school and we are grateful for the opportunity we have had to become MOVE Site Trainers and to empower our community with this program.

BLOMFIELD SPECIAL SCHOOL — RESOURCE CENTRE OVERVIEW

Blomfield Special School & Resource Centre is a New Zealand Ministry of Education State funded special school for students with intellectual and physical challenges. Any student who cannot sit, stand or walk automatically enters the MOVE Program. The school and resource centre is also leading a unique nationally funded research project, "Digital Imaging in Special Education," (DISE). This project includes video assessments and evaluations of students in the MOVE Program. The information gathered on the progress of students in this project is shared with families. It is enhancing communication with families as well as providing information to others on the validity of the MOVE Program. 🇳🇿



MOVE Student Ian Lovell enjoys walking at the dedication.



MOVE student, Anthea Meara and Teacher Aide Kim Davis entertain the crowd.

MODEL SITE DEDICATION

The Jardine Academy, Union, New Jersey

On May 22, 2007, the Jardine Academy in Union, New Jersey was dedicated as the first MOVE Model Site in New Jersey. The journey for the Cerebral Palsy League's Jardine Academy to become a MOVE Model Site began more than twelve years ago with a vision and a dream.

In 1995, Patricia Tekel and Debra Wolfel (former principals of the Jardine Academy) traveled to Orlando, Florida, and attended one of the earliest MOVE training seminars Linda Bidabe conducted. At the dedication, Patricia Tekel, now director of operations for the Cerebral Palsy League, said:

When I was attracted to the MOVE Program some 12 years ago, it was largely for two reasons:

- 1) The first very basic reason was that it made sense. We as teachers and therapists should be spending what little time we had with our students teaching them meaningful skills. Skills that will improve their quality of life,*
- 2) The second reason was the objectivity and simplicity of the goal . . . to teach our students to sit, stand and walk. And in the process of teaching these skills, to stimulate the development of the entire student's sense of worth, accomplishment, and self-esteem . . . all which are essential to learning.*

The curriculum was simple, straightforward and objective. The methods of instruction were at times exhausting, but the results were motivating.

Debra Wolfel, now executive director for the Cerebral Palsy League, said:

This is a wonderful day for me both professionally and personally. . . . Professionally, I couldn't be more proud of our staff. . . . The MOVE Curriculum has given them the tools, but they have supplied the heart. Personally, I met Linda Bidabe twelve years ago and immediately I could see she was something special. But more importantly, it was evident that she had discovered a way to uncover the potential in children struggling with the most severe disabilities . . . children who seemed beyond help. . . . Her simple wisdom and unfaltering optimism inspired my work as a teacher and administrator. Linda Bidabe is a dreammaker and makes this a truly great day.

And so, on May 22, 2007, the vision and dream became a reality of celebrating the "fruits" of many years of work to implement fully the MOVE Program at the Jardine Academy. Probably the biggest and most exciting highlight of the entire dedication program was the introduction of students, one-by-one, to the accompaniment of loud, loud music with a VERY definite beat. The audience cheered noisily, clapped vigorously, and literally rocked to the beat of the music as each student walked proudly down the middle aisle of the audience. As New Jersey State Senator, Raymond Lesniak said:

You know how to make a grown man cry . . . but I saw tears of happiness today from a lot of other adults besides me. . . . I'm blessed to be here to see this.



Left to right: Pat Tekel, Linda Bidabe, Debra Wolfel, Laura Del Duca

Photo by Steve Hockstein, Harvard Studio, Montclair, NJ



Photo by Steve Hockstein, Harvard Studio, Montclair, NJ



Photo by Steve Hockstein, Harvard Studio, Montclair, NJ

New Jersey State Assemblyman, Joseph Cryan, observed:

This is a remarkable day and fabulous to watch. . . . such an incredible amount of energy in this room. Linda, you made an incredible difference. You empowered all of our dreams today.

Laura Del Duca, principal, summarized what this day meant for the Jardine Academy when she said:

Today, our dream became a reality. As Linda Bidabe would say, 'The business of MOVE is to discover the dream in each child, and to believe in it until it becomes reality. We are so pleased and proud to become the first MOVE Model Site in the State of New Jersey.

THE JARDINE ACADEMY OVERVIEW

The Jardine Academy is a private, non-profit school approved by the New Jersey Department of Education and accredited by the Middle States Association of Colleges and Schools. The academy provides a comprehensive educational program designed to meet the unique cognitive and physical needs of children with multiple disabilities — needs that may not be fully met within the local school systems. These local schools then send these children to the academy. The student-centered essential skills curriculum addresses the New Jersey Core Curriculum Content Standards. Instruction addresses student self care, health and fitness, interpersonal skills, mobility and functional academics. Support services designed to enable and enhance the students' ability to participate in all educational opportunities may include nursing, physical and occupational therapy, speech and language therapy, and social work.

MOVE Site Trainers at the Jardine Academy are: Heidi Geissel, Wendy Farquhar, Uyen Le, Shavaun Crane, Colleen McMahan, and Sharon Wells. 🇺🇸



“Impossible” is an opinion — not a fact.



— Posted in classroom of Linda Shafer, special education teacher and MOVE International Trainer, James J. McBride Special Education Center, a MOVE Model Site, Los Angeles, CA

MODEL SITE DEDICATION

Lincoln Developmental Center, Grand Rapids, Michigan



Hitching a ride on a Pacer — fun!



Sitting in a classroom chair with my classmates — I belong!



Walking up to a lemonade stand — priceless!

On a beautiful and warm Spring day in April (yes, no snow and April is suppose to be springtime in Michigan), the Lincoln Developmental Center (LDC) in Grand Rapids, Michigan became a MOVE Model Site. And what a “sight” the dedication was too! Every student and staff member wore bright and colorful tie-dyed shirts commemorating the dedication activities. (The dying of these shirts was a classroom activity in the weeks preceding the April 20, 2007 dedication.)

In addition to the shirts, everyone wore a flashing red-light cowboy boot pendant and during the student processional at the beginning of the dedication the song, “These Boots are Made for Walkin’”, blared from the loudspeakers. Then . . . more music followed with custom lyrics for this very notable day. To the tune of “Groovin’” by the Rascals, LDC staff sang:

**Movin’ . . . on a sunny afternoon
Wheeling’ . . . to get from room to room . . .**

**Movin’ . . . down a crowded Lincoln hall
Doin’ . . . anything we like to do . . .**

**Just movin’ . . . on a sunny afternoon
Really . . . couldn’t get away too soon. . .**

Cathy Ripmaster, physical therapist and MOVE Site Trainer, described the MOVE Program at LDC.

When I learned about the MOVE program and philosophy, it just made sense to me. Why wouldn’t we have the children sit in chairs that allowed their feet to touch the floor? Why wouldn’t we get them up and moving? Why wouldn’t we provide them with opportunities for practice? Why wouldn’t we ask parents what is important to them and their families? I learned that children who have severe disabilities need us to set up their environment to get the practice they need and these children need someone to believe in them. . . .

The true testimony of MOVE is the progress of our students. Many people that come into our school notice our busy halls and express how exciting it is to see children walking, biking, and pushing themselves all around the building. I see children delivering the attendance, picking up mail, pushing the lunch cart, running errands from room to room, communicating with big mac switches, playing games and just having fun. . . .

If you were to ask me, ‘What has MOVE done for LDC?’, I say it has given us a fresh look at what we are doing with our students. They are receiving more opportunities to take part in life as active instead of passive participants. . .

I conclude with examples of what some of our students are doing that continue to make me believe:

Greg now sits in a standard chair during an entire circle time activity. His mom told me that he got up on the couch all by himself to sit with her.

You might not think 2 seconds is a long time, but it is for Leslie as she bears weight on her legs during a sit to stand transfer.

Tijon's mom said he gets very excited about getting into his Pacer at home to chase his cousins around the house. When he finally catches them, everyone starts running again!

Rachel learned to back up her walker to transfer into her wheelchair independently. Her mom doesn't have to lift her anymore.

Grandma tells me that Jessica tries to run away from her when she is in line at the grocery store. Jessica use to have to be propped up with pillows to sit and no one can imagine she is doing what she is now.

When Nick leans toward me with a tear in his eye, it's like a 'thank you' for believing in him.

Thank you, Linda Bidabe, for showing me there is so much for these children than what I ever thought possible. Thank you, Linda, for providing us with the structure of a curriculum and assessment profile to guide our students' growth.

Thank you, LDC staff, for sticking with me over the past 7 years, challenging me along the way, and for all of your hard, hard work you do each and every day.

Thank you, parents, for demonstrating patience and love for students and for reminding me of what is really important.

And thank you, students, for showing me every day that anything is possible.



Linda Bidabe and Cathy Ripmaster

LINCOLN DEVELOPMENTAL CENTER OVERVIEW

LDC is a center-based program operated by the Grand Rapids Public Schools. LDC serves approximately 120 students with Severe Multiple Impairments and those with Autism Spectrum Disorder from all twenty school districts within Kent County.

The MOVE Site Trainers at LDC are Cathy Ripmaster and Jennifer Murchison. 🇺🇸



MOVE International Trainer® Recertification & MOVE Site Trainer Future of MOVE Seminar, June 16-17, 2007

Every three years, MOVE International Trainers (MITs) come to Bakersfield, California, to recertify. This year, however, there was a significant change.

In February 2007, MOVE Site Trainers (along with the MOVE International Trainers) were invited to complete a “Future of MOVE” form on how they could contribute to the future growth and development of the MOVE Program. After reviewing the forms, some MSTs were invited to also attend the June 16-17 seminar.

As in previous years, there was an abundance of information presented on:

- 1) initial results/findings of the MOVE for Adults research study at Chesapeake Care Resources,
- 2) a new approach for teaching Step Six,
- 3) current concepts in movement science,
- 4) new equipment for use in the MOVE Program,
- 5) the MOVE toileting module, and
- 6) the changing role of the MOVE International Trainer.

With the limited time still available, there was lively discussion about the future development and growth of the MOVE Program. Attendees indicated some of their top preferences for future directions of the MOVE Program in the following priority order:

1. Developing software for use with a number of MOVE resources including the Top-Down Motor Milestone Test (TDMMT), the MOVE assessment profile, etc.
2. Requiring recertification and follow-up training for Basic Providers.
3. Revising the existing MOVE Curriculum, assessment profile, etc.
4. Establishing MOVE regional networks and creating MOVE “mentor” networks.

To summarize, one attendee said: “WOW. We needed this discussion.” 🇺🇸



Linda Bidabe and Cindi Spink demonstrate transitioning for toileting.



Anne Hanna, physiotherapist in Auckland, New Zealand, and Terri Goebel, physical therapist in Santa Rosa, Florida, discuss measuring prompts or is it positioning or is it memorizing their multiplication tables?

10th Annual MOVE Site Trainer Training & Basic Provider Training



The team at the MST Training: Terri Goebel, Keith Whinnery, Stacie Whinnery, Linda Bidabe

MOVE International held its 10th annual MOVE Site Trainer (MST) training and MOVE Basic Provider training in Bakersfield, California on June

20-23, 2007. Attendees came from Japan, New Zealand, Scotland and 8 states.

The **purpose of MST training** is for attendees to become certified MOVE Site Trainers authorized to teach the MOVE Basic Provider training program within their employment bases.

The MST training was hard work and stressful — especially when attendees had to prepare individual presentations to give before a small group of their peers and then get evaluated, but it was also a great time of networking with many new people and a whole lot of fun.

The **purpose of the Basic Provider training** is for attendees to understand the six steps of the MOVE Program and how to use the MOVE Curriculum and assessment profile. Patti LaBouff and Linda Bidabe conducted this training.

BRYCE

Just six months ago, Renee Tomlin, from Antelope Valley, California, discovered the MOVE Web site while browsing the Internet. She read about the June 2007 Basic Provider training in Bakersfield, California, and decided to attend and bring her four-year-old son Bryce, who was born with Cerebral Palsy. Tomlin broke into tears describing what happened at the Basic Provider training:

Bryce was able to stand for the very first time [in a Pacer] without my help. I got so excited knowing he could do that. It's just incredible. I took a hundred pictures to show my husband.



Patti LaBouff helps Bryce Tomlin in his first attempt to stand independently.



Linda Bidabe shows a "backward" way to use the Pacer. Her equipment presentations are rated as "fantastic".

JAZZMIN

Eight-year-old Jazzmin Samuel eagerly volunteered at the Basic Provider training to show how the MOVE Program is helping her gain mobility skills. She also participated along with her parents, Tegdra and Eric, in a demonstration of a parent interview conducted by Stacie Whinnery during the MOVE Site Trainer training.

It was a long trip from Jasper,



Jazzmin takes (and shows) off as dad Eric looks on.

Florida to Bakersfield, California for the Samuels. But then, the road has been long, ever since Jazzmin was diagnosed with Cerebral Palsy at birth. Tegdra was a teacher, who had to give up teaching, to care for Jazzmin. Eric is a family practice physician who spent years driving as much as three hours to work every day so Jazzy could be near the care she needed. But it was not until the Samuels discovered the MOVE Program two years ago, that Jazzmin learned how to support her own body weight and make independent movements. A defining moment happened on a basketball court recently. Eric remembers:

Tegdra and I were shooting baskets. Jazzmin saw us and came moving toward us in her Pacer. We were screaming. It was an out of body experience.

A lot has happened since. Tegdra became a certified MOVE Basic Provider in Florida. Eric is now also a certified Basic Provider after attending the June 2007 Basic Provider training in Bakersfield and Tegdra is now a certified MOVE Site Trainer after attending the June 2007 MOVE Site Trainer training.

On their return to Florida, the Samuels are planning on making a difference in their community by opening an after school day care facility which will include the MOVE Program.



Jazzmin and parents, Tegdra and Eric, participating in the parent interview at the MST Training.

SOME "OTHER MOMENTS" AT THE 2007 MOVE TRAININGS . . .

The annual Friday evening pool party with skits is an annual tradition at MST trainings.



Tilt your "T" to the left, Keith!



Much better Keith!



Grant Herndon, legal counsel for MOVE International, promotes his lecture at the MST Training.



WHAT WAS MOST HELPFUL AT THESE TRAININGS?

As in previous years, it was another terrific year in Bakersfield for both of these trainings. The following comments are a few samples, expressed many times over in the evaluations.

This is the best conference I ever attended . . . The presenters were so easily approachable . . . I found every session interesting and informative. It was a wonderful training with so many enthusiastic people from so many different places. . . This training far exceeded my expectations and I can't wait to go home and start training . . . I feel so much more inspired and knowledgeable . . . Thank you for making me feel at home away from home. . . This was incredible. I'm lost for words . . .

Want to attend the 2008 Basic Provider or MOVE Site Trainer training?

For information on the June 25-28, 2008 trainings, see the registration information in this newsletter or visit our Web site at www.move-international.org. Enrollment is limited to 100.

Professional Development Council (PDC) Meets

The Professional Development Council (PDC) is an international partnership created to share information, expertise, professional development, research and to monitor the integrity, status, cultural adaptations and activities of the MOVE Program worldwide. Because the MOVE Program is used throughout the world, the PDC helps maintain consistency of practices and curriculum.

Most recently, the PDC met on June 18, 2007 in Bakersfield, California. Representatives from Scotland, England, New Zealand, and Japan attended as well as



PDC attendees seated (left to right): Junko Shirasaki, Peter Holland, Linda Bidabe, Larry Reider, Katherine Setser, Kim Leonetti. Standing (left to right): Stacie Whinnery, Christine Shaw, John Rhodes, Joseph Valenzano, Frank Fekete, Ed and Kathy Davidson. PDC attendees not pictured: Grant Herndon, Jim Santos, David Schreuder and Keith Whinnery

the MOVE International Board of Directors.

Reports on the status and activities of the MOVE Program in the respective countries were presented.

Drs. Stacie and Keith Whinnery, associate professors in special education at the University of West Florida in Pensacola, presented to the PDC initial results/findings on the MOVE for Adults research study at Chesapeake Care Resources, Inc. in

North East, Maryland and an update on the pilot study conducted at the Bakersfield Association for Retarded Citizens (BARC) in Bakersfield, California.

WAS IT WORTH COMING FROM SO FAR AWAY?

Ed Davidson, principal at the Sir Keith Park School (a MOVE Model Site) in Auckland, New Zealand —

. . . It is important . . . to come together to discuss the developments within the MOVE family. This meeting energizes and inspires us to return to our respective countries and increase our efforts to spread MOVE to as many children and families as possible.

. . . It is also important to feel that our views and our endeavours are appreciated. We feel very strongly each time we come to this meeting that we are coming back to a very dynamic organization. We feel a strong sense of support which is very important when you are alone in a small country endeavouring to develop and spread the MOVE Program.

Christine Shaw, MOVE Europe Development Manager for Scotland, Edinburgh, Scotland —

It is so important that we share the MOVE activities that are happening around the world. MOVE tends to happen in pockets, whether it is a pocket in Japan, the United States or Scotland. A lot of us are working in small groups or even in isolation and it is imperative to ensure that we share with each other all professional, clinical or educational information and any new initiatives taking place.

This meeting reenergizes all of us and I certainly come away feeling enthusiastic and ready to take on the world!

Peter Holland, Chief Executive, MOVE Europe, London, England —

It is critical for the principals and practices of MOVE worldwide to be held accountable for our actions by the countries who are the MOVE experts on a global scale.

Junko Shirasaki, MOVE Japan Regional Coordinator, Tokyo, Japan —

I sometimes feel discouraged when I think how many years it will take to implement the MOVE Program in Japan without an education act similar to the “Individuals with Disabilities Education Act of 1977” in the United States. For me it is a tough challenge and a long, long journey. However, my energy sources are the parents and children who have encouraged me numerous times to keep going. And now, after attending the PDC meeting and the other MOVE trainings that followed in Bakersfield, I have no doubt that I am walking with MOVE International Trainers and MOVE Site Trainers all over the world who are very proud of their work and share a common goal. I am not alone and I can keep on going!

To summarize, my trip to Bakersfield, California, was very satisfactory — even though customs and immigration officers at Los Angeles International (LAX) Airport questioned one of my responses that I completed on the entry form when I arrived in the United States. On the form it asked, “Where are you visiting in the United States and the purpose for your visit?,” I inserted, ‘Sightseeing.’ The customs and immigration officer read my response and skeptically asked: ‘You’re going to Bakersfield to sightsee?! . . . ‘

Obviously, this immigration officer did NOT know about MOVE in Bakersfield. . . and I really enjoyed my “MOVE sightseeing” experience! 🇺🇸

Wyatt's MOVE Story



The Dubuque, Iowa, Community School District implemented the MOVE Program 3 years ago at Eisenhower School and many students are making remarkable gains. In particular, 6-year-old, first grader, Wyatt Brown-Welu is a MOVE success.

When Wyatt started in the MOVE Program in 2005, it was very difficult to assess his abilities or to predict his potential for mobility, specifically in the area of walking. He had great difficulty with the use of his left side due to a car accident.

Wyatt initially started using a Rifton Pacer with most of the supports, including the chest, two forearms, and ankle prompts. With a lot of hard work,

determination, and most of all, motivation, Wyatt began to build up his endurance — walking 25 feet in a Pacer, which was almost the distance of his kindergarten classroom to eventually walking 300 feet within the school building.

Gradually the prompts were reduced as Wyatt gained skills. Now Wyatt uses the medium Pacer as a reverse walker with the use of just two handgrips throughout his entire school day.

Yet . . . that's not the end of Wyatt's MOVE story. He took his first 6 steps independently without his Pacer in January 2007. Two months later, he took 60 independent steps. Kelly Quade, paraeducator, describes the moment she first saw Wyatt walk independently:

Aulanda Zenner-Stecklein, Wyatt's teacher [and MOVE Site Trainer] asked me one day this past winter in the lunchroom if I had seen Wyatt walk. As I looked on, he stepped forward toward the table while she lightly held the back of his shirt. I was so happy for him. Then as my heart skipped a beat, she let go and off he went to his table! I was so overwhelmed by his achievement tears filled my eyes.

What's Wyatt's favorite activity now? It's kicking the ball independently while playing in gym class. He is truly ON THE MOVE. GREAT JOB, Wyatt! 🇺🇸

WANTED: Certified Hero Helpers

by Steve Merrill, Special Education Teacher & MOVE Site Trainer,
Sutherland Center, Kerman, California

*Faster than a speeding bullet; more powerful than a locomotive; able to leap tall buildings in a single bound
– look! In the classroom! It's Super Teacher!*

Well, not exactly. But we've all been helping those affected by disabilities to sit, stand and walk long enough to start believing more of ourselves than we should. After all, who really are the "heroes" in the lives of our students? For the purposes of this article, and in reality, the real heroes are the moms, dads, and grandparents who are there 24/7 for 'our kids'. We, after all, go home at the end of the day. And so do our students... But nonetheless teachers can still be hero helpers!

MOVE International began with home/school cooperation. The foundation for MOVE was laid by interviewing parents about their children's needs and for functioning in the home and community. Some of these activities included eating with family or peers, getting in and out of bed, and participating in leisure activities.

This was recently validated at our school when Leanne Hopper, one of our newer teachers, partnered with parents to help Fabian Moreno get up on his own, stand unsupported and walk without a death grip on her hands! Leanne says:

He can now walk about 30 feet with just verbal prompts. When I first encountered him 2 years ago, he used a walker or had to have both hands held. The more he walks at home and school, the more confidence he has in himself. You can see it in his face, because he starts smiling when he starts walking.

We suspect he's not the only one in his family who is smiling!

Leanne told me that his mother always wanted him to walk independently, without equipment or assistance. Through the prompt-reduction plan, the entire school, plus his family, have encouraged Fabian to just keep going, despite his oft-times somewhat humorous attempts at protesting being 'pushed' to go further, and try harder. (Doesn't this sound like most people when it comes to pushing past old boundaries?!)

Because Leanne has seen the value in following the six steps of the MOVE Program, she has taken the challenge and completed the MOVE Basic Provider training course.

And the rewards? There are several! First, I gave her an official MOVE coffee mug! Second, she received her certificate from MOVE International as an official Basic Provider.

But best of all, she has become a "Certified Hero Helper"! How 'bout you? Go for it! I might even send you a coffee mug when you become a "CHH"! 🇺🇸



Leanne and Fabian

Will you give to the MOVE 2007-08 Annual Fund?

Each individual donation — no matter how small or large — counts. Your contribution is important for the work and mission of MOVE International. Please go to page 23 in this newsletter for information on giving to the MOVE 2007-08 Annual Fund. Your financial gift received before June 30, 2008 will be recognized in the 2007-08 MOVE Honor Roll of Donors — published in next year's Fall 2008 MOVE newsletter.

MOVE International is very grateful to all its donors who contributed during the past 2006-07 year and appreciates the increasing numbers of people who are giving year after year. Thank you very much for joining our "MOVE Honor Roll of Donors."

MOVE HONOR ROLL OF DONORS

July 1, 2006-June 30, 2007

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Donations of \$5,000 or more

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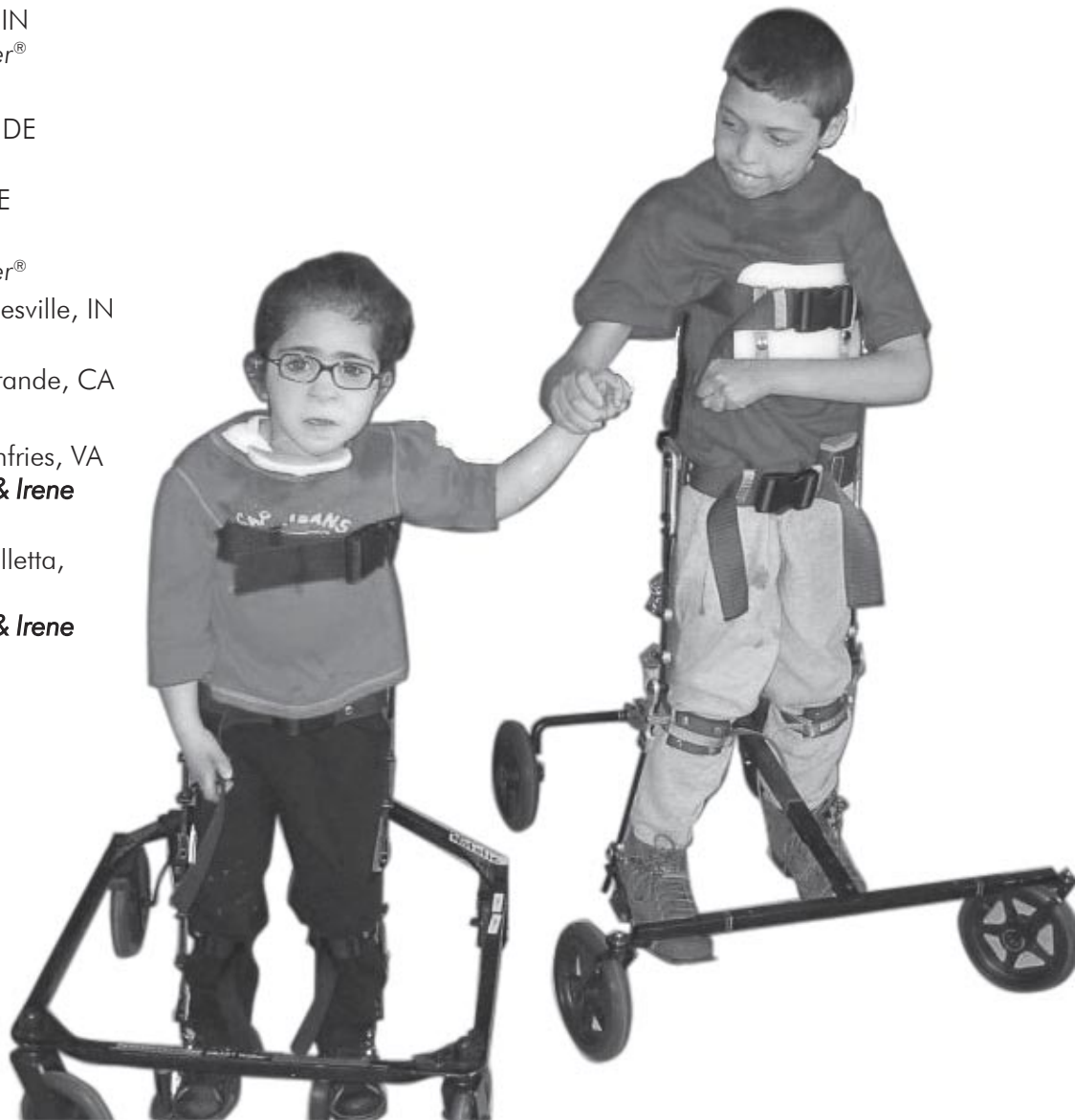


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2008 MOVE Annual Fund Drive

Will you take just a moment now to contribute to the 2008 **MOVE** Annual Fund Drive? Your gift, no matter the amount, reflects YOUR participation in the ongoing work of **MOVE** International. Thank you.



MOVE CLUBS MEMBERSHIP GIVING LEVELS

FOUNDERS' CLUB . . .

...is named for Linda Bidabe, founder and author of the MOVE Program and Curriculum, and Kelly F. Blanton, former Kern County Superintendent of Schools, who encouraged, authorized and located initial funding for the development and implementation of the MOVE Program and Curriculum. Membership is attained by those persons and/or businesses, corporations, civic organizations, service groups or foundations donating \$5,000 or more.

MILLENNIUM CLUB . . .

...is for those donating \$2,000 up to \$5,000.

CHAIRMAN'S CLUB . . .

...is named for Larry E. Reider, first and only chairman of the MOVE International Board of Directors and current Kern County Superintendent of Schools, and is for those donating \$1,000 up to \$2,000.

TRAINERS' & PROVIDERS' CLUB . . .

...is named for all individuals trained and certified in the MOVE Program as MOVE International Trainers, MOVE Site Trainers and MOVE Basic Providers, and is for those donating \$500 up to \$1,000.

BUTTERFLY CLUB . . .

...is for those donating \$200 up to \$500.

CENTURY CLUB . . .

...is for those donating \$100 up to \$200.

FOUNDATION CLUB . . .

...is for those donating \$25 up to \$100.

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MOVE

International is pleased to announce that this newsletter and the June 2008 MOVE Trainings in Bakersfield, CA are underwritten in part by

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